

# Inflammatory Bowel Diseases

N-ECCO Network Meeting



Programme 2016-2021

www.ecco-ibd.eu

**Date:** Saturday, July 3, 2021

Time: 10:00-15:00 Organisation: N-ECCO

**Target audience:** IBD Nurses - advanced level ECCO Membership 2021 required

Online registration

Registration fee: 20 EUR (incl. 20% Austrian VAT)

CME accreditation: N/A

### Saturday, July 3, 2021

	1)/ 5 61. 7 5 / 2 5 2 1
10:00 - 10:05	1: Welcome & Introduction S. Jäghult, Stockholm, Sweden
10:05 - 11:05	<b>Session 1: Treatments in IBD</b> P. Hartmann, Minden, Germany S. Jäghult, Stockholm, Sweden
10:05 - 10:20	2: What is new in IBD treatment?  B. Siegmund, Berlin, Germany
10:20 - 10:35	<b>3: Complimentary treatment</b> J. Langhorst, Bamberg, Germany
10:35 - 10:50	<b>4: CBD and marihuana</b> U. Kopylov, Tel Aviv, Israel
10:50 - 11:05	5: Faecal transplantation as treatment in IBD A. Hart, London, United Kingdom
11:05 - 11:20	Break
11:20 - 12:20	<b>Session 2: Innovation in Research and practice</b> W. Czuber-Dochan, London, United Kingdom E. Kjaer-Mikkelsen, Herning, Denmark
11:20 - 11:40	6: Polypharmacy in older patients A. Hart, London, United Kingdom
11:40 - 11:50	7: Abstract Presentation 1: N01: Does physical activity positively impact fatigue in individuals with Inflammatory Bowel Disease?  D. Farrell, Cork, Ireland
11:50 - 12:00	8: Abstract Presentation 2: NO2: PREVIEW study: Factors associated with willingness to switch from intravenous to subcutaneous formulations of CT-P13 and vedolizumab in patients with Inflammatory Bowel Disease.  K. Asnong, Bonheiden, Belgium
12:00 - 12:10	9: Abstract Presentation 3: N03: Information flow experiences during COVID-19 in IBD patients: A prospective observational study E. De Dycker, Rotselaar, Belgium

1

12:10 - 12:20	10: Abstract Presentation 4: NO 4: Being an IBD Clinical Nurse Specialist in the UK National Health Service: Challenges, Stressors and Coping Mechanisms L. Dibley, London, United Kingdom K. Kemp, Manchester, United Kingdom	
12:20 - 12:25	Break	
12:25 - 13:25	N-ECCO Network Meeting Satellite Symposium Slot	
13:25 - 13:35	Break	
13:35 - 14:10	A. Rivera, Barcelona, Spain	
13:35 - 13:50	11: Ongoing Symptoms in patients in remission – How to deal with them? G. Rogler, Zurich, Switzerland	
13:50 - 14:10	12: Nurses role in surgical pathway - A Tandem talk K. Kemp, Manchester, United Kingdom J. Odita, London, United Kingdom	
14:10 - 14:25		
14:25 - 14:55	Session 4: MDT Session – Q&A Session W. Czuber-Dochan, London, United Kingdom	
14:25 - 14:55	13: Q&A Session S. Jäghult, Stockholm, Sweden E. Langholz, Herlev, Denmark P. Myrelid, Linköping, Sweden M. Campmans-Kuijpers, Groningen, The Netherlands A. Duff, London, United Kingdom L. Inganäs, Stockholm, Sweden	
14:55- 15:00	<b>14: Closing remarks</b> S. Jäghult, Stockholm, Sweden	

Thursday, February 13, 2020 Date:

Time: 09:00-17:00 Organisation: N-ECCO

Target audience: IBD Nurses - advanced level

Registration: ECCO Membership 2020 required. No onsite

registration.

CME accreditation: N/A

# Thursday, February 13, 2020 Strauss 1-2, Ground Level, Reed Messe Wien

(as of January 15, 2020)

	1) 13,2020)
08:00 - 08:45	N-ECCO Network Meeting Breakfast Satellite Symposium
09:00 - 09:15	1: Welcome & Introduction S. Jäghult, Stockholm, Sweden
09:15 - 10:30	Session 1: Educational programme ECCO IBD Nurse Education Programme W. Czuber-Dochan, London, United Kingdom P. Hartmann, Minden, Germany
09:15 - 10:00	2: Developing a European IBD Nurse Education Programme P. Bager, Aarhus, Denmark K. Kemp, Manchester, United Kingdom
10:00 - 10:30	3: Country perspective and benefits S. Radice, Milan, Italy G. Fiorino, Milan, Italy
10:30 - 11:00	Coffee break
11:00 - 12:30	Session 2: Improving clinical practice through high quality evidence M. Ganon, Jerusalem, Israel R. Lindenthaler, Schwarzach, Austria
11:00 - 11:45	4: The nursing perspective of Quality Standards of Care S. Jäghult, Stockholm, Sweden
11:45 - 12:00	5: N01: Factors related to self-medication with corticosteroids, aminosalicylates or analgesics and reasons given by patients with Ulcerative Colitis from Spain  M. Cañas, Madrid, Spain
12:00 - 12:15	6: NO2: The IBD-BOOST programme: Developing a digital self-management intervention for symptoms of fatigue, pain and urgency in Inflammatory Bowel Disease L. Sweeney, London, United Kingdom
12:15 - 12:30	7: N03: Disease burden of patients with Inflammatory Bowel Disease from the viewpoint of QOL and depression M. Takahashi, Tokyo, Japan

12:30 - 14:00	Lunch break
12:45 - 13:45	N-ECCO Network Meeting Lunch Satellite Symposium
14:00 - 14:45	Session 3: Multi-symptoms management in IBD W. Czuber-Dochan, London, United Kingdom A. Ibarra, London, United Kingdom
14:00 - 14:20	8: Methods of fatigue pain and incontinence management C. Norton, Buckinghamshire, United Kingdom
14:20 - 14:45	<b>9: New treatments: Immunology explained</b> A. Dignass, Frankfurt, Germany
14:45 - 15:15	Coffee break
15:15 - 16:30	<b>Session 4: New developments in IBD</b> S. Jäghult, Stockholm, Sweden T. Kasa, Vienna, Austria
15:15 - 15:45	<b>10:</b> MDT (multidiscipline) approach to managing the complex IBD Patient R. Panaccione, Calgary, Canada
15:45 - 16:30	11: Q&A Session D. O'Hanlon, London, United Kingdom A. Duff, London, United Kingdom P. Bager, Aarhus, Denmark W. Czuber-Dochan, London, United Kingdom R. Panaccione, Calgary, Canada
16:30 - 17:00	<b>12: Closing remarks, N-ECCO in 2021 and beyond</b> S. Jäghult, Stockholm, Sweden

Date: Thursday, March 7, 2019

Time: 10:30-16:45 Organisation: N-ECCO

Target audience: IBD Nurses - advanced level

Registration: For registered participants only. No onsite registration.

CME accreditation: N/A

### Thursday, March 7, 2019

Programme overview (as of February 1, 2019) C1 M0. Hall C. Bella Center

er Mo, Hall C, bella center			
10:30 - 10:45	1: Welcome & Introduction Announcement of the N-ECCO Research Grant Award 2019 Kay Greveson, London, United Kingdom		
10:45 - 12:00	Wladyslawa Czu	Session 1: New research and developments in IBD Wladyslawa Czuber-Dochan, London, United Kingdom Susanna Jäghult, Stockholm, Sweden	
	10:45 - 11:15	2: New model of e-health – "IBD Home" Susanna Jäghult, Stockholm, Sweden	
	11:15 - 11:30	3: Nurse Abstract 1: Fatigue and physical activity in individuals with Inflammatory Bowel Disease: A feasibility cross-sectional, correlational study Dawn Farrell, Tralee, Ireland Presented as NO1 in poster exhibition	
	11:30 - 11:45	4: Nurse Abstract 2: Inflammatory Bowel Disease and pregnancy: The impact of education in knowledge and attitude of women in reproductive age. One-year follow-up study Triantafyllia Tsavdaroglou, Athens, Greece Presented as N02 in poster exhibition	
	11:45 - 12:00	5: Nurse Abstract 3: Can post biologic infusion monitoring be reduced? A multi-centred retrospective study Lisa Younge, London, United Kingdom Presented as N03 in poster exhibition	
12:00 - 13:30	Lunch break		
12:15 - 13:15	N-ECCO Netwo	rk Meeting Lunch Satellite Symposium	

See page 113.

Thursday, March 7, 2019, cont. Programme overview (as of February 1, 2019) C1 M0, Hall C, Bella Center

13:30 - 15:00	Session 2: Clinical and practical IBD – how to work together with the patient Petra Hartmann, Minden, Germany Else Mikkelsen, Herning, Denmark	
	13:30 - 14:00	<b>6: How to implement biosimilars</b> Kay Greveson, London, United Kingdom
	14:00 - 15:00	<b>7: The importance of shared care in IBD – a tandem talk</b> Anne Carol Elisabeth Jørgensen, Herlev, Denmark Büsra Nergiz, Søborg, Denmark (IBD Patient)
15:00 - 15:30	Coffee break	
15:30 - 16:30	Session 3: Different views of IBD care Kay Greveson, London, United Kingdom	
	15:30 - 16:30	8: Different ways to work with IBD patients – Descriptions from South Africa, Germany, Denmark, Sweden Palle Bager, Aarhus, Denmark Karin Davidson, Cape Town, South Africa Petra Hartmann, Minden, Germany Susanna Jäghult, Stockholm, Sweden
16:30 - 16:45	<b>9: Closing remarks, N-ECCO in 2019 and beyond</b> Kay Greveson, London, United Kingdom	

**Date:** Thursday, February 15, 2018

Time: 09:00-17:00 Organisation: N-ECCO

Target audience: IBD nurses - advanced level

**Registration:** For registered participants only. No onsite registration

**CME accreditation:** n.a.

Thursday, February 15, 2018 Programme overview (as of January 15, 2018) –

Programme overview (as of January 15, 2018) – Strauss 1-2, Congress Centre, Messe Wien

09:00 - 09:15	1: Welcome & Introduction Palle Bager, Aarhus, Denmark	
09:15 - 10:30	Session 1: Hot topics IBD nursing Kay Greveson, London, United Kingdom Rita Lindenthaler, Schwarzach, Austria	
	09:15 - 10:00	2: Demonstrating the value of the IBD nurse Isobel Mason, London, United Kingdom
	10:00 - 10:30	3: Sexual dysfunction in IBD Konstantinos Katsanos, Ioannina, Greece
10:30 - 11:00	Coffee break	
11:00 - 12:30	<b>Session 2: From bench to bedside – practical IBD</b> Usha Chauhan, Hamilton, Canada Tobias Kasa, Vienna, Austria	
	11:00 - 11:30	<b>4: Iron-deficiency, anaemia and fatigue</b> Palle Bager, Aarhus, Denmark
	11:30 - 12:00	5: Interpreting blood results (TGN, IGRA, TNF levels abnormal LFT, importance of TDM) Peter Irving, London, United Kingdom
	12:00 - 12:30	6: IBD and elderly Nienke Ipenburg, Leiden, The Netherlands
12:30 - 14:00	Lunch break	
12:45 - 13:45	<b>N-ECCO Network Meeting Lunch Satellite Symposium</b> Please refer to page xx	

Thursday, February 15, 2018, cont. Programme overview (as of January 15, 2018) – Strauss 1-2, Congress Centre, Messe Wien

14:00 - 14:45		racts t, Stockholm, Sweden er, Schwarzach, Austria
	14:00 - 14:15	7: NO001: Cognitive behavioural therapy for the management of Inflammatory Bowel Disease-fatigue: A pilot randomised controlled trial  M. Artom, W. Czuber-Dochan, J. Sturt, H. Proudfoot, C. Norton King's College London, Florence Nightingale Faculty of Nursing & Midwifery, London, United Kingdom
	14:15 - 14:30	8: NO002: The quality of care questionnaire – development of a valid measure for persons with Inflammatory Bowel Disease K. Pihl Lesnovska¹, S. Börjeson², G. Hollman Frisman³, H. Hjortswang⁴, M. Wenemark⁵¹University hospital of Linköping, Gastroenterology and hepatology, Linköping, Sweden, ²Faculty of Medicine, Linköping University, Department of Medical and Health Sciences, Linköping, Sweden, ³Department of Medical and Health Sciences, Linköping University, Department of Anaesthesiology and Intensive Care, Linköping, Sweden, ⁴Clinical and Experimental Medicine, Linköping University, Department of Gastroenterology and Department, Linköping, Sweden, ⁵Department of Medical and Health Sciences, Linköping University, Centre for Organisational support and Development, Linköping, Sweden
	14:30 - 14:45	9: NO003: Increasing research capacity of IBD nurses across Europe – a case study of Inflammatory Bowel Disease Fatigue (IBD-F) scale translation and validation  W. Czuber-Dochan¹, M. Artom¹, C. Norton¹, A. Andonova², M. Pencova², V. Cluzeau³, M. Chalabreysee³, R. Barkan⁴, I. Goren⁴, L. Shpoker⁵, S. Radice⁶, E. Schiavoni', A. Cocchieri⁶, D. Napolitanoց¸, L. Turchini⁰, M. Zega७, L.P. Jelsness-Jørgensen¹⁰, A. Giner-Agudo¹¹, R. Barastegui¹¹, C. Fernández-Fernández¹², M. Gallego¹¹, F. Murciano¹³, E. Navarro¹⁴, A. Rivera¹⁵, A. Vara-Hernández¹⁶, S. Jäghult¹७, K. Pihl Lesnovska¹७, A. der Heer-Damen¹७, A. Heil¹७, L. Moortgat¹⁰ ¹Kingʻs College London, Faculty of Life Sciences & Medicine, Department of Nutritional Sciences, London, United Kingdom, ¹Trakia University, Faculty of Medicine, Stara Zagora, Bulgaria, ³Hôpital Archet2-4èmeB-CHU de Nice, Pôle digestif- Nutrition Clinique, Nice, France, ⁴Rabin Medical Center - Beilinson Hospital, Department of Gastroenterology, Petah Tikva, Israel, ⁵Bnai Zion Medical Center, Gastroenterology, Petah Tikva, Israel, ⁵Bnai Zion Medical Center, Gastroenterology Department, Haifa, Israel, ⁵Instituto Clinico Humanitas, Rozzano, Italy, ¹Fondazione Policlinico Universitario Agostino Gemelli, Gastroenterology and Hepatology Group, Roma, Italy, ⁵Fondazione Policlinico Universitario Agostino Gemelli, Gastroenterology and Hepatology, Roma, Italy, ¹Fondazione Policlinico Universitario Agostino Gemelli, Gastroenterology and Hepatology, Barcelona, Spain, ¹aHospital Clinic Barcelona, Gastroenterology, Barcelona, Spain, ¹aHospital Ramón y Cajal, Gastroenterology, Madrid, Spain, ¹aHospital del Mar, IBD and Digestology Department, Barcelona, Spain, ¹aHospital Clínic de Barcelona, IBD Unit Gastroenterology Department, Barcelona, Spain, ¹aHospital Clínic de Barcelona, IBD Unit Gastroenterology Department, Barcelona, Spain, ¹aHospital Clínic de Barcelona, IBD Unit Gastroenterology and Hepatology, Tilburg, The Netherlands, ¹aAz Delta Hospital, Roeselare, Belgium
14:45 - 15:15	Coffee break	

Thursday, February 15, 2018, cont. Programme overview (as of January 15, 2018) – Strauss 1-2, Congress Centre, Messe Wien

15:15 - 16:30	Session 4: Debate timing of surgery in Acute Severe Colitis: Save the colon or save the patient Tobias Kasa, Vienna, Austria Liesbeth Moortgat, Roeselare, Belgium		
	15:15 - 15:45	10: Save the patient – medical treatments Pieter Hindryckx, Ghent, Belgium	
	15:45 - 16:15	11: Save the colon – early surgery Yves Panis, Clichy, France	
	16:15 - 16:30	Q&A	
16:30 - 17:00	Closing remarks, N-ECCO in 2018 and beyond Palle Bager, Aarhus, Denmark		

February 16, 2017 N-ECCO Network Meeting: 09:00-17:00 Industry sponsored satellite symposium: 12:45-13:45 N-ECCO IBD Nurses – advanced level For registered participants only. No onsite registration n.a.

# **Thursday, February 16, 2017** *Programme overview (as of January 16, 2017) –*

Programme overview (as of January 16, 2017) – Room 112, Level 1, CCIB

09:00 - 09:15	1: Welcome & Introduction Karen Kemp, Manchester, United Kingdom		
09:15 - 10:30	Kay Greveson, L	Session 1: Quality care in IBD Kay Greveson, London, United Kingdom Adriana Rivera Sequeiros, Seville, Spain	
	09:15 - 09:45	2: Quality indicators in IBD  Marian O'Connor, London, United Kingdom	
	09:45 - 10:00	<b>3: Remote monitoring in IBD</b> Kathleen Sugrue, Cork, Ireland	
	10:00 - 10:30	4: Patient Reported Outcomes (PRO'S) Karen Kemp, Manchester, United Kingdom	
10:30 - 11:00	Coffee break		
11:00 - 12:30	Session 2: Special considerations in IBD Usha Chauhan, Hamilton, Canada Francisca Murciano Gonzalo, Barcelona, Spain		
	11:00 - 11:30	5: Fertility and pregnancy in IBD Janneke van der Woude, Rotterdam, The Netherlands	
	11:30 - 12:00	6: Travel vaccines in IBD Kay Greveson, London, United Kingdom	
	12:00 - 12:30	7: Low Fodmap in IBD Kevin Whelan, London, United Kingdom	
12:30 - 14:00	Lunch break (S	elf Guided Poster Round)	
12:45 - 13:45	Industry Sponsored N-ECCO Network Meeting satellite symposium Please refer to page page 194		

Thursday, February 16, 2017, cont. Programme overview (as of January 16, 2017) – Room 112, Level 1, CCIB

14:00 - 14:45	Session 3: Abstracts Karen Kemp, Manchester, United Kingdom Palle Bager, Aarhus, Denmark	
	14:00 - 14:15	8: NO001: Clinical and psychological factors associated with Frectile Dysfunction in Inflammatory Bowel Disease patients Barros, J., Baima, J., Renosto, F., Sibia, C., Silva, R., Farinelli, E., Andriolli, G., Dorna, M., Saad-Hossne, R., Sassaki, L. Paulista State University - Botucatu Medical School, Botucatu, Brazil
	14:15 - 14:30	9: NO002: Decision-making about emergency and planned stoma surgery for IBD: A qualitative exploration of patient and clinician perspectives Dibley, L.¹, Czuber-Dochan, W.¹, Duncan, J.², Artom, M.¹, Burch, J.³, Wade, T.¹, Verjee, A.⁴, Cann, D.⁴, Warusavitarne, J.³, Norton, C.¹ ¹King's College London, Florence Nightingale Faculty of Nursing & Midwifery, London, United Kingdom, ²Guy's & St Thomas' NHS Foundation Trust, Gastroenterology, London, United Kingdom, ³St Mark's Hospital, Harrow, Gastroenterology, London, United Kingdom, ⁴Patient & Public Involvement Team, London, United Kingdom
	14:30 - 14:45	10: NO003: IBD nurses as integral part of a multidisciplinary IBD team: Prospective study on view on patient outcomes Coenen, S.¹, Weyts, E.¹, Geens, P.¹, Vermeire, S.¹, Ferrante, M.¹, Noman, M.¹, Ballet, V.¹, Vanhaecht, K.², Van Assche, G.¹  ¹UZ Leuven, Gastroenterology, Leuven, Belgium, ²UZ Leuven, Quality, Leuven, Belgium
14:45 - 15:15	Coffee break	-
15:15 - 16:30	Kathleen Sugru	<b>ical management of IBD</b> e, Cork, Ireland orreal, Barcelona, Spain
	15:15 - 15:45	11: Therapeutic algorithms for IBD management Axel Dignass, Frankfurt, Germany
	15:45 - 16:30	12: Mono vs. combo therapy Laurent Peyrin-Biroulet, Vandoeuvre-Lès-Nancy, France Charlie Lees, Edinburgh, United Kingdom
16:30 - 17:00		ss, N-ECCO in 2017 and beyond anchester, United Kingdom

Date: March 17, 2016

Time: N-ECCO Network Meeting: 09:00-17:00

Industry sponsored satellite symposium: 12:45-13:45

Organisation: N-FCCO

**Target audience:** IBD nurses – advanced level

Registration: For registered participants only. No onsite registration.

**Thursday, March 17, 2016** *Programme overview (as of February 15, 2016)* Elicium 1, Level 1, RAI Amsterdam

09:00 - 09:15	1: Welcome & Introduction Janette Gaarenstroom, Utrecht, The Netherlands		
09:15 - 10:30	Palle Bager, Aar	Session 1: Patient involvement and patient participation Palle Bager, Aarhus, Denmark Karin Fienieg, Amsterdam, The Netherlands	
	09:15 - 09:45	<b>2: Patient involvement and shared decision making</b> Kirsten Lomborg, Aarhus, Denmark	
	09:45 - 10:15	<b>3: Health literacy</b> Kristine Sorensen, Maastricht, The Netherlands	
	10:15 - 10:30	<b>4: Patient panels</b> Helen Terry, St. Albans, United Kingdom	
10:30 - 11:00	Coffee break		
11:00 - 12:30	Session 2: e-health in IBD Kay Greveson, London, United Kingdom Maria de Jong, Amsterdam, The Netherlands		
	11:00 - 11:30	5: Status on e-health in IBD Pia Munkholm, Copenhagen, Denmark	
	11:30 - 12:00	6: Professional communication via electronic media Annemiek Linn, Amsterdam, The Netherlands	
	12:00 - 12:15	<b>7: Experience from Canada: GI Bodyguard</b> Usha Chauhan, Hamilton, Canada	
	12:15 - 12:30	<b>8: Experience from Sweden: Swibreg</b> Susanna Jäghult, Stockholm, Sweden	
12:30 - 14:00	Lunch break		

Thursday, March 17, 2016, cont. Programme overview (as of February 15, 2016) Elicium 1, Level 1, RAI Amsterdam

12:45 - 13:45	Industry sponsored satellite symposium Please refer to page 196	
14:00 - 14:45	<b>Session 3: IBD nursing</b> Usha Chauhan, Hamilton, Canada Nienke Ipenburg, Leiden, The Netherlands	
	14:00 - 14:15	9: Abstract 1: The beneficial effects of mindfulness training on fatigue and psychosocial functioning in patients with IBD and IBS: A pilot study G. Drent¹, M. Kuiken², J. Mooibroek¹, G. Dijkstra¹, M. Schroevers³ ¹University Medical Center Groningen, Department of Gastroenterology and Hepatology, Groningen, Netherlands, ²University Medical Center Groningen, Paramedical support, Groningen, Netherlands, ³University Medical Center Groningen, Health Sciences, Groningen, Netherlands
	14:15 - 14:30	10: Abstract 2: Introduction of an Inflammatory Bowel Disease nurse flexible sigmoidoscopy clinic improves patient care by initiating earlier treatment and saves clinic slots H. Johnson, S. Weaver, S. McLaughlin Royal Bournemouth Hospital, Department of Gastroenterology, Bournemouth, United Kingdom
	14:30 - 14:45	11: Abstract 3: Proving cost effectiveness through implementation of a nurse-led Inflammatory Bowel Disease (IBD) Patient Advice Line and Virtual Clinic (CHEAP)  A. Sechi, E. Sawyer, W. Ng, S. Connor Liverpool Hospital, Department of Gastroenterology, Liverpool, Australia
14:45 - 15:15	Coffee break	
15:15 - 16:40	<b>Session 4: New drugs and drug monitoring</b> Karen Kemp, Manchester, United Kingdom Angelie de Heer, Tilburg, The Netherlands	
	15:15 - 16:15	12: Is it time to welcome the new buddies? A debate on biosimilars Silvio Danese, Milan, Italy Pierre Michetti, Lausanne, Switzerland
	16:15 - 16:40	<b>13: Therapeutic drug monitoring in IBD</b> Tariq Ahmad, Exeter, United Kingdom
16:40 - 17:00	<b>14: N-ECCO in 2016 and beyond</b> Janette Gaarenstroom, Utrecht, The Netherlands	