

# Inflammatory Bowel Diseases

D-ECCO Workshop



Programme 2016-2021

www.ecco-ibd.eu

# 6<sup>th</sup> D-ECCO Workshop

**Date:** Saturday, July 3, 2021

Time: 08:15-11:50 Organisation: D-ECCO

**Recommended for:** Dietitians, IBD Nurses, Physicians

Other professions are kindly invited to register.

**Registration:** ECCO Membership 2021 required

Online registration

Registration fee: 40 EUR (incl. 20% Austrian VAT)

**CME accreditation:** 3 CME credits; prerequisite: completion of the

online evaulation form

## Saturday, July 3, 2021

08:15 - 08:20	1: Welcome M. Campmans-Kuijpers, Groningen, The Netherlands	
08:20 - 09:30	<b>Session 1: Science, diet and IBD</b> C. Wall, Christchurch, New Zealand D. O'Hanlon, London, United Kingdom	
08:20 - 08:38	<b>2:</b> Food additives and their effect on the microbiome A. Levine, Holon, Israel	
08:38 - 08:56	3: Personalized nutrition in IBD – Are we there yet? L. Godny, Petah Tikva, Israel	
08:56 - 09:15	<b>4: Fermented foods – fad or fix?</b> M. Campmans-Kuijpers, Groningen, The Netherlands	
09:15 - 09:30	5: The future of using nutrition to alter the microbiome E. Wine, Edmonton, Canada	
09:30 - 09:45	Break	
09:45 - 10:30	<b>Session 2: Practical clinical nutrition in IBD</b> M. Campmans-Kuijpers, Groningen, The Netherlands L. Godny, Petah Tikva, Israel	
09:45 - 10:00	6: Nutritional assessment E. Halmos, Melbourne, Australia	
10:00 - 10:15	7: Eating for Two: Nutrition and Pregnancy C. Wall, Christchurch, New Zealand	
10:15 - 10:30	8: OMG it's OFG: Dietary management of Orofacial granulomatous D. O'Hanlon, London, United Kingdom	
10:30 - 10:45	Break	

10:45 - 11:50	Session 3: Panel discussion / Interactive session C. Wall, Christchurch, New Zealand D. O'Hanlon, London, United Kingdom	
10:45 - 10:55	9: Abstract presentation 1: Food-related quality of life in adults with Inflammatory Bowel Disease is influenced by restrictive eating behaviour, disease activity and surgery: A prospective multi-centre study A. Day, Adelaide, Australia	
10:55 - 11:05	10: Abstract presentation 2: Risk of eating disorders in Italian children and adolescents with Inflammatory Bowel Disease: results of a multicenter nationwide study S. Gatti, Ancona, Italy	
11:05- 11:25	11: Will emerging diets replace medical therapy in IBD? E. Halmos, Melbourne, Australia M. Samaan, London, United Kingdom	
11:25- 11:45	12: Interactive Session E. Halmos, Melbourne, Australia M. Samaan, London, United Kingdom C. Wall, Christchurch, New Zealand D. O'Hanlon, London, United Kingdom	
11:45 - 11:50	13: Closing remarks M. Campmans-Kuijpers, Groningen, The Netherlands	

# 5<sup>th</sup> D-ECCO Workshop

Friday, February 14, 2020 Date:

Time: 08:15-12:25 Organisation: D-ECCO

Target audience: Dietitians, IBD Nurses, Physicians

Registration: ECCO Membership 2020 required. No onsite

registration.

**CME accreditation:** 3 CME Credits; prerequisite: completion of the

online evaluation form.

# Friday, February 14, 2020 Lehar 4, Ground Level, Reed Messe Wien

(as of January 15, 2020)

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08: 15 - 08: 20	1: Welcome M. Campmans-Kuijpers, Groningen, The Netherlands
08:20-09:30	<b>Session 1: Science, diet and IBD</b> C. Wall, Christchurch, New Zealand L. Godny, Petah Tikva, Israel
08:20 - 08:38	<b>2: Diet, the aryl hydrocarbon receptor and IBD</b> J. Lindsay, London, United Kingdom
08:38 - 08:56	3: Are all fibers created equal? M. Campmans-Kuijpers, Groningen, The Netherlands
08:56 - 09:15	4: Pitfalls in the assessment of diet and dietary patterns K. Gerasimidis, Glasgow, United Kingdom
09:15 - 09:30	5: If studying effects of diet in humans is difficult, what about cell and animal models? Opportunities and challenges E. Wine, Edmonton, Canada

### 09:30-09:50 Coffee break

09:50 -10:50	<b>Session 2: Practical clinical nutrition in IBD</b> E. Wine, Edmonton, Canada M. Campmans-Kuijpers, Groningen, The Netherlands
09:50 - 10:10	6: Pre-operative nutritional optimization and the outcome of S-ECCO/D-ECCO topical review M. Adamina, Winterthur, Switzerland C. Wall, Christchurch, New Zealand
10:10 - 10:30	<b>7: Dietary management in patients after pouch surgery</b> L. Godny, Petah Tikva, Israel
10:30 - 10:50	8: Case presentation – The patient's perspective D. O'Hanlon, London, United Kingdom
10:50-11:10	Coffee break

11:10 - 12:20	Session 3: Panel discussion / interactive session L. de Ridder, Rotterdam, The Netherlands D. O'Hanlon, London, United Kingdom R. Sigall-Boneh, Tel Aviv, Israel C. Wall, Christchurch, New Zealand E. Wine, Edmonton, Canada
11:10 - 11:35	9: Diet in the era of biologics – Do we need diet in the era of biologics? R. Sigall-Boneh, Tel Aviv, Israel L. de Ridder, Rotterdam, The Netherlands
11:35 - 11:45	10: Abstract presentation: Nutritional assessment in Inflammatory Bowel Disease (IBD) – Development of the Groningen IBD Nutritional Questionnaires (GINQ) V. Peters, The Netherlands
11:45- 11:55	11: Abstract presentation: Impact of oral ferric maltol and IV iron on health-related quality of life in patients with iron deficiency anaemia and Inflammatory Bowel Disease, and relationship with haemoglobin and serum iron S. Howaldt, Hamburg, Germany
11:55 - 12:20	12: Q&A Session and panel discussion
12:20 - 12:25	13: Closing remarks M. Campmans-Kuijpers, Groningen, The Netherlands

# 4<sup>th</sup> D-ECCO Workshop

**Date:** Friday, March 8, 2019

Time: 08:15-12:25 Organisation: D-ECCO

**Target audience:** Dietitians, IBD Nurses, Physicians

**Registration:** For registered participants only. No onsite registration.

**CME accreditation:** 3 CME Credits; prerequisite: completion of the online evaluation form.

### Friday, March 8, 2019

Programme overview (as of February 1, 2019) HB4 M1-2, Hall B, Bella Center

08:15 - 08:20	1: Welcome Marjo Campmans-Kuijpers, Groningen, The Netherlands		
08:20 - 09:30	Session 1: Science, diet and IBD Rotem Sigall-Boneh, Tel Aviv, Israel Catherine Wall, London, United Kingdom		
	08:20 - 08:38	2: Breastfeeding and risk of IBD Joana Torres, Lisbon, Portugal	
	08:38 - 08:56	<b>3: Diet and microbiome in IBD</b> Marjo Campmans-Kuijpers, Groningen, The Netherlands	
	08:56 - 09:15	<b>4: Immunological effects of nutritional interventions in IBD</b> Dror Shouval, Tel Hashomer, Israel	
	09:15 - 09:30	5: Growth and bone health in patients with IBD David Wilson, Edinburgh, United Kingdom	
	Coffee break		
09:30 - 09:50	Coffee break		
09:30 - 09:50 09:50 - 10:50	Session 2: Prac	<b>tical clinical nutrition in IBD</b> ns-Kuijpers, Groningen, The Netherlands Aviv, Israel	
	Session 2: Prac Marjo Campma	ns-Kuijpers, Groningen, The Netherlands	
	Session 2: Prac Marjo Campma Arie Levine, Tel	ns-Kuijpers, Groningen, The Netherlands Aviv, Israel 6: Patients' and carers' perception about the role of diet in IBD	
	Session 2: Pract Marjo Campma Arie Levine, Tel 1 09:50 - 10:10	ns-Kuijpers, Groningen, The Netherlands Aviv, Israel  6: Patients' and carers' perception about the role of diet in IBD Konstantinos Gerasimidis, Glasgow, United Kingdom  7: Novel dietary treatments for IBD – how to advise the patient	

Friday, March 8, 2019, cont. Programme overview (as of February 1, 2019) HB4 M1-2, Hall B, Bella Center

12:20 - 12:25	<b>14: Closing remarks</b> Konstantinos Gerasimidis, Glasgow, United Kingdom	
	12:11 - 12:20	Panel discussion
	12:04 - 12:11	13: Complications secondary to intravenous iron infusion in PIBD patient Richard Russell, Glasgow, United Kingdom
	11:54 - 12:04	Panel discussion
	11:47 - 11:54	12: Pre-operative nutritional optimisation in stricturing Crohn's Disease Dearbhaile O'Hanlon, London, United Kingdom
	11:37 - 11:47	Panel discussion
	11:30 - 11:37	11: Nutritional factors in transitional IBD Shameer Mehta, London, United Kingdom
	Case presentat	ions and panel discussion
	11:20 - 11:30	10: Abstract 2: Microencapsulated Sodium Butyrate significantly modifies the microbiota in patients with Inflammatory Bowel Disease mimicking prebiotic activity and proving effects on the treatment of the disease Sonia Facchin, Padova, Italy Presented as P655 in the poster exhibition
	11:10 - 11:20	9: Abstract 1: Development of an inflammatory bowel disease specific nutrition screening tool (IBD-NST) Catherine Wall, London, United Kingdom Presented as P599 in the poster exhibition
	Abstract preser	ntations
11:10 - 12:20	Jackie Falconer, London, Ünited Kingdom Arie Levine, Tel Aviv, Israel James Lindsay, London, United Kingdom Miranda Lomer, London, United Kingdom Lisa Younge, London, United Kingdom	
	Session 3: Panel discussion – Cases & questions from the audience Konstantinos Gerasimidis, Glasgow, United Kingdom (Moderator)	

# 3<sup>rd</sup> D-ECCO Workshop

Date: Friday, Feb. 16, 2018

Time: 08:30-12:25

Organisation: D-ECCO Working Group

Dietitians, IBD nurses, physicians Target audience:

For registered participants only. No onsite registration Registration:

CME accreditation: 3 CME credits, upon return of an evaluation form filled in online

Friday, February 16, 2018
Programme overview (as of January 15, 2018) – Lehar 4, Congress Centre, Messe Wien

08:30 - 08:36	<b>1: Welcome</b> Rotem Sigall-Boneh, Tel Aviv, Israel	
08:36 - 09:40	Session 1: Case-based presentations Gerassimos Mantzaris, Athens, Greece Rotem Sigall-Boneh, Tel Aviv, Israel	
	08:36 - 08:52	<b>2: Obesity in IBD</b> Miranda Lomer, London, United Kingdom
	08:52 - 09:08	3: Nutritional assessment Konstantinos Gerasimidis, Glasgow, United Kingdom
	09:08 - 09:24 <b>4: Management of stoma</b> Nicolette Wierdsma, Amsterdam, The Netherlands	
	09:24 - 09:40	5: Complications arising out of (mal)nutritionally induced Refractory Disease Gerassimos Mantzaris, Athens, Greece
09:40 - 10:00	Coffee break	
10:00 - 11:00	Session 2: Diet and Ulcerative Colitis Miranda Lomer, London, United Kingdom Nicolette Wierdsma, Amsterdam, The Netherlands	
	10:00 - 10:20 6: Dietary pathogenesis in Ulcerative Colitis Chen Sarbagili, Tel Aviv, Israel	
	10:20 - 10:40	<b>7: From pharma to farma in IBD</b> Arie Levine, Tel Aviv, Israel
	10:40 - 11:00 8: Probiotics and Ulcerative Colitis Ailsa Hart, London, United Kingdom	
11:00 - 11:20	Coffee break	

Friday, February 16, 2018, cont. Programme overview (as of January 15, 2018) – Lehar 4, Congress Centre, Messe Wien

11:20 - 12:00	Session 3: Supplements in IBD Konstantinos Gerasimidis, Glasgow, United Kingdom Arie Levine, Tel Aviv, Israel	
	11:20 - 11:40	9: Dietary supplements in IBD Rotem Sigall-Boneh, Tel Aviv, Israel
	11:40 - 12:00	10: A case for and against oral iron in IBD: Tandem talk Charlie Lees, Edinburgh, United Kingdom Richard Russell, Glasgow, United Kingdom
12:00 - 12:20	11: Panel discussion/Q & A Ailsa Hart, London, United Kingdom Charlie Lees, Edinburgh, United Kingdom Gerassimos Mantzaris, Athens, Greece Richard Russell, Glasgow, United Kingdom Chen Sarbaqili, Tel Aviv, Israel	
12:20 - 12:25	12: Closing remarks Nicolette Wierdsma, Amsterdam, The Netherlands	

# 2<sup>nd</sup> D-ECCO Workshop

Date: February 17, 2017 Time: 08:30-12:30

Organisation: D-ECCO Working Group

Dietitians, IBD nurses, physicians Target audience:

For registered participants only. No onsite registration Registration:

CME accreditation: 3 CME credits, upon return of an evaluation form filled in online

Friday, February 17, 2017
Programme overview (as of January 16, 2017) – Room 118+119, Level 1, CCIB

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08:30 - 08:35	1: Welcome Rotem Sigall-Boneh, Tel Aviv, Israel	
08:35 - 09:40	Session 1: Nutritional science in IBD Rotem Sigall-Boneh, Tel Aviv, Israel Nicolette Wierdsma, Amsterdam, The Netherlands	
	08:35 - 08:55	<b>2: Biology of SCFA</b> Konstantinos Gerasimidis, Glasgow, United Kingdom
	08:55 - 09:15	<b>3: Food additives - a role in IBD?</b> Arie Levine, Tel Aviv, Israel
	09:15 - 09:35	<b>4: Diet and microbiome</b> Jeroen Raes, Ghent, Belgium
	09:35 - 09:40	Q&A
09:40 - 10:00	Coffee break	
10:00 - 11:05		<i>cal nutrition in IBD</i> ondon, United Kingdom Aviv, Israel
	10:00 - 10:20	5: The role of diet in pre- and post-surgical management Miranda Lomer, London, United Kingdom
	10:20 - 10:40	6: Enteral nutrition in adults: Has anything changed? Walter Reinisch, Vienna, Austria
	10:40 - 11:00	<b>7: Case presentation – dietitian's view</b> Nicolette Wierdsma, Amsterdam, The Netherlands
	11:00 - 11:05	Q&A
11:05 - 11:20	Coffee break	
11:20 - 12:25	Session 3: Diet and nutritional aspects of IBD  Miranda Lomer, London, United Kingdom  Konstantinos Gerasimidis, Glasgow, United Kingdom	
	11:20 - 11:40	<b>8: Calcium, Vitamin K2 and Vitamin D</b> Tibor Hlavaty, Bratislava, Slovakia
	11:40 - 12:00	9: EEN – not what you are used to Rotem Sigall-Boneh, Tel Aviv, Israel
	12:00 - 12:20	10: Food related quality of life and the patient's perspective on diet Kevin Whelan, London, United Kingdom
	12:20 - 12:25	Q&A
12:25 - 12:30	11: Closing remarks Konstantinos Gerasimidis, Glasgow, United Kingdom	

# 1st D-ECCO Workshop

Date: March 18, 2016 Time: 08:30-12:30

Organisation: D-ECCO Working Group **Target audience:** Dietitians, IBD nurses

Registration: For registered participants only. No onsite registration.

Friday, March 18, 2016 Programme overview (as of February 15, 2016) Room E102, Level 1, RAI Amsterdam

08:30 - 08:35	1: Welcome Rotem Sigall-Boneh, Tel Aviv, Israel		
08:35 - 09:40	Session 1 Miranda Lomer, London, United Kingdom Rotem Sigall-Boneh, Tel Aviv, Israel		
	08:35 - 08:55	2: Diet, environment and genetics in IBD Arie Levine, Tel Aviv, Israel	
	08:55 - 09:15	<b>3: Microbiota and IBD</b> Philippe Seksik, Paris, France	
	09:15 - 09:35	<b>4: Nutritional assessment in IBD patients</b> Konstantinos Gerasimidis, Glasgow, United Kingdom	
	09:35 - 09:40	Panel Q&A	
09:40- 10:00	Coffee break	Coffee break	
10:00 - 11:05	Session 2 Nicolette Wierdsma, Amsterdam, The Netherlands Philippe Seksik, Paris, France		
	Philippe Seksik	Paris, France 5: Exclusive and partial enteral nutrition in IBD	
	Philippe Seksik, 10:00 - 10:20	Paris, France  5: Exclusive and partial enteral nutrition in IBD Richard Russell, Glasgow, United Kingdom  6: New dietary therapies in IBD	
	Philippe Seksik, 10:00 - 10:20 10:20 - 10:40	Paris, France  5: Exclusive and partial enteral nutrition in IBD Richard Russell, Glasgow, United Kingdom  6: New dietary therapies in IBD Rotem Sigall-Boneh, Tel Aviv, Israel  7: Iron deficiency anaemia in IBD	

Friday, March 18, 2016, cont. Programme overview (as of February 15, 2016) Room E102, Level 1, RAI Amsterdam

11:20 - 12:25	<b>Session 3</b> Konstantinos Gerasimidis, Glasgow, United Kingdom Petra Tap-Zandkuil, Woerden, The Netherlands	
	11:20 - 11:40	<b>8: Dietary treatment of functional symptoms in IBD</b> Miranda Lomer, London, United Kingdom
	11:40 - 12:00	9: Dietary treatment in short bowel syndrome/intestinal insufficiency Nicolette Wierdsma, Amsterdam, The Netherlands
	12:00 - 12:20	<b>10: The evidence for fibre and prebiotics in IBD</b> Kevin Whelan, London, United Kingdom
	12:20 - 12:25	Panel Q&A
12:25 - 12:30	11: Closing remarks Arie Levine, Tel Aviv, Israel	