



European
Crohn's and Colitis
Organisation

Inflammatory Bowel Diseases

D-ECCO Workshop



Programme 2016-2022

www.ecco-ibd.eu

7th D-ECCO Workshop

Date: Friday, February 18, 2022
Time: 08:15-12:25
Organisation: D-ECCO
Recommended for: Dietitians, IBD Nurses, Physicians
 Other professions are kindly invited to register
Registration: ECCO Membership 2022 required
 Online registration
CME accreditation: 3 CME Credits; prerequisite: completion of the
 online evaluation form

Friday, February 18, 2022

(as per February 9, 2022)

08:15 - 08:20	1: Welcome M. Campmans-Kuijpers, Groningen, The Netherlands
08:20 - 09:30	Session 1: Science – Moving from a causality in IBD M. Campmans-Kuijpers, Groningen, The Netherlands E. Wine, Edmonton, Canada
08:20 - 08:40	2: Epidemiology: What links diet to IBD J. Lindsay, London, United Kingdom
08:40 - 09:00	3: What can we learn about the role of diet in IBD from across the globe? L. Godny, Petah Tikva, Israel
09:00 - 09:20	4: Is the diet affecting my IBD or is IBD affecting my diet? E. Wine, Edmonton, Canada
09:20 - 09:30	5: Abstract presentation: Processed and ultra-processed food and risk of Inflammatory Bowel Disease in the European Prospective Investigation into Cancer and Nutrition cohort (EPIC-IBD) C. Dong, Bramois, Switzerland
09:30 - 09:50	Break
09:50 - 10:50	Session 2: Practicalities and pitfalls of dietary therapy in IBD C. Wall, Christchurch, New Zealand A. Ibarra, London, United Kingdom
09:50 - 10:10	6: Micronutrient sufficiency in IBD C. Wall, Christchurch, New Zealand
10:10 - 10:30	7: (Sarcopenic) obesity in IBD M. Campmans-Kuijpers, Groningen, The Netherlands
10:30 - 10:50	8: Beware of dietary therapy: Dangers of diets used to treat IBD D. O'Hanlon, London, United Kingdom
10:50 - 11:10	Break

11:10 - 12:25	Session 3: MDT: More than just the MD? L. Godny, Petah Tikva, Israel E. Halmos, Melbourne, Australia
11:10 - 11:20	9: Abstract presentation: Unpacking the different popular diets for pediatric Crohn's Disease – concerns around nutritional adequacy E. Carmody, Halifax, Canada
11:20- 12:00	10: MDT case discussions M. Adamina, Winterthur, Switzerland A. Ibarra, London, United Kingdom K. Katsanos, Ioannina, Greece D. O'Hanlon, London, United Kingdom
12:00- 12:20	12: Panel Discussion and Q&A M. Adamina, Winterthur, Switzerland A. Ibarra, London, United Kingdom K. Katsanos, Ioannina, Greece D. O'Hanlon, London, United Kingdom
12:20 - 12:25	13: Closing remarks M. Campmans-Kuijpers, Groningen, The Netherlands

6th D-ECCO Workshop

Date: Saturday, July 3, 2021
Time: 08:15-11:50
Organisation: D-ECCO
Recommended for: Dietitians, IBD Nurses, Physicians
 Other professions are kindly invited to register.
Registration: ECCO Membership 2021 required
 Online registration
 Registration fee: 40 EUR (incl. 20% Austrian VAT)
CME accreditation: 3 CME credits; prerequisite: completion of the online evaluation form

Saturday, July 3, 2021

08:15 - 08:20	1: Welcome M. Campmans-Kuijpers, Groningen, The Netherlands
08:20 - 09:30	Session 1: Science, diet and IBD C. Wall, Christchurch, New Zealand D. O'Hanlon, London, United Kingdom
08:20 - 08:38	2: Food additives and their effect on the microbiome A. Levine, Holon, Israel
08:38 - 08:56	3: Personalized nutrition in IBD – Are we there yet? L. Godny, Petah Tikva, Israel
08:56 - 09:15	4: Fermented foods – fad or fix? M. Campmans-Kuijpers, Groningen, The Netherlands
09:15 - 09:30	5: The future of using nutrition to alter the microbiome E. Wine, Edmonton, Canada
09:30 - 09:45	Break
09:45 - 10:30	Session 2: Practical clinical nutrition in IBD M. Campmans-Kuijpers, Groningen, The Netherlands L. Godny, Petah Tikva, Israel
09:45 - 10:00	6: Nutritional assessment E. Halmos, Melbourne, Australia
10:00 - 10:15	7: Eating for Two: Nutrition and Pregnancy C. Wall, Christchurch, New Zealand
10:15 - 10:30	8: OMG it's OFG: Dietary management of Orofacial granulomatous D. O'Hanlon, London, United Kingdom
10:30 - 10:45	Break

10:45 - 11:50	Session 3: Panel discussion / Interactive session C. Wall, Christchurch, New Zealand D. O'Hanlon, London, United Kingdom
10:45 - 10:55	9: Abstract presentation 1: Food-related quality of life in adults with Inflammatory Bowel Disease is influenced by restrictive eating behaviour, disease activity and surgery: A prospective multi-centre study A. Day, Adelaide, Australia
10:55 - 11:05	10: Abstract presentation 2: Risk of eating disorders in Italian children and adolescents with Inflammatory Bowel Disease: results of a multicenter nationwide study S. Gatti, Ancona, Italy
11:05- 11:25	11: Will emerging diets replace medical therapy in IBD? E. Halmos, Melbourne, Australia M. Samaan, London, United Kingdom
11:25- 11:45	12: Interactive Session E. Halmos, Melbourne, Australia M. Samaan, London, United Kingdom C. Wall, Christchurch, New Zealand D. O'Hanlon, London, United Kingdom
11:45 - 11:50	13: Closing remarks M. Campmans-Kuijpers, Groningen, The Netherlands

5th D-ECCO Workshop

Date: Friday, February 14, 2020
Time: 08:15-12:25
Organisation: D-ECCO
Target audience: Dietitians, IBD Nurses, Physicians
Registration: ECCO Membership 2020 required. No onsite registration.
CME accreditation: 3 CME Credits; prerequisite: completion of the online evaluation form.

Friday, February 14, 2020

*Lehar 4, Ground Level, Reed Messe Wien
(as of January 15, 2020)*

08:15 - 08:20	1: Welcome M. Campmans-Kuijpers, Groningen, The Netherlands
08:20 - 09:30	Session 1: Science, diet and IBD C. Wall, Christchurch, New Zealand L. Godny, Petah Tikva, Israel
08:20 - 08:38	2: Diet, the aryl hydrocarbon receptor and IBD J. Lindsay, London, United Kingdom
08:38 - 08:56	3: Are all fibers created equal? M. Campmans-Kuijpers, Groningen, The Netherlands
08:56 - 09:15	4: Pitfalls in the assessment of diet and dietary patterns K. Gerasimidis, Glasgow, United Kingdom
09:15 - 09:30	5: If studying effects of diet in humans is difficult, what about cell and animal models? Opportunities and challenges E. Wine, Edmonton, Canada
09:30 - 09:50	Coffee break
09:50 - 10:50	Session 2: Practical clinical nutrition in IBD E. Wine, Edmonton, Canada M. Campmans-Kuijpers, Groningen, The Netherlands
09:50 - 10:10	6: Pre-operative nutritional optimization and the outcome of S-ECCO/D-ECCO topical review M. Adamina, Winterthur, Switzerland C. Wall, Christchurch, New Zealand
10:10 - 10:30	7: Dietary management in patients after pouch surgery L. Godny, Petah Tikva, Israel
10:30 - 10:50	8: Case presentation – The patient's perspective D. O'Hanlon, London, United Kingdom
10:50 - 11:10	Coffee break

11:10 - 12:20	<i>Session 3: Panel discussion / interactive session</i> L. de Ridder, Rotterdam, The Netherlands D. O'Hanlon, London, United Kingdom R. Sigall-Boneh, Tel Aviv, Israel C. Wall, Christchurch, New Zealand E. Wine, Edmonton, Canada
11:10 - 11:35	<i>9: Diet in the era of biologics – Do we need diet in the era of biologics?</i> R. Sigall-Boneh, Tel Aviv, Israel L. de Ridder, Rotterdam, The Netherlands
11:35 - 11:45	<i>10: Abstract presentation: Nutritional assessment in Inflammatory Bowel Disease (IBD) – Development of the Groningen IBD Nutritional Questionnaires (GINQ)</i> V. Peters, The Netherlands
11:45- 11:55	<i>11: Abstract presentation: Impact of oral ferric maltol and IV iron on health-related quality of life in patients with iron deficiency anaemia and Inflammatory Bowel Disease, and relationship with haemoglobin and serum iron</i> S. Howaldt, Hamburg, Germany
11:55 - 12:20	<i>12: Q&A Session and panel discussion</i>
12:20 - 12:25	<i>13: Closing remarks</i> M. Campmans-Kuijpers, Groningen, The Netherlands

4th D-ECCO Workshop

Date: Friday, March 8, 2019
Time: 08:15-12:25
Organisation: D-ECCO
Target audience: Dietitians, IBD Nurses, Physicians
Registration: For registered participants only. No onsite registration.
CME accreditation: 3 CME Credits; prerequisite: completion of the online evaluation form.

Friday, March 8, 2019

Programme overview (as of February 1, 2019)

HB4 M1-2, Hall B, Bella Center

08:15 - 08:20	1: Welcome Marjo Campmans-Kuijpers, Groningen, The Netherlands
08:20 - 09:30	Session 1: Science, diet and IBD Rotem Sigall-Boneh, Tel Aviv, Israel Catherine Wall, London, United Kingdom
08:20 - 08:38	2: Breastfeeding and risk of IBD Joana Torres, Lisbon, Portugal
08:38 - 08:56	3: Diet and microbiome in IBD Marjo Campmans-Kuijpers, Groningen, The Netherlands
08:56 - 09:15	4: Immunological effects of nutritional interventions in IBD Dror Shouval, Tel Hashomer, Israel
09:15 - 09:30	5: Growth and bone health in patients with IBD David Wilson, Edinburgh, United Kingdom
09:30 - 09:50	Coffee break
09:50 - 10:50	Session 2: Practical clinical nutrition in IBD Marjo Campmans-Kuijpers, Groningen, The Netherlands Arie Levine, Tel Aviv, Israel
09:50 - 10:10	6: Patients' and carers' perception about the role of diet in IBD Konstantinos Gerasimidis, Glasgow, United Kingdom
10:10 - 10:30	7: Novel dietary treatments for IBD – how to advise the patient Rotem Sigall-Boneh, Tel Aviv, Israel
10:30 - 10:50	8: Tandem talk: The future IBD clinic – the role of dietitian and nurse in the management of IBD patients Kay Greveson, London, United Kingdom Catherine Wall, London, United Kingdom
10:50 - 11:10	Coffee break

Friday, March 8, 2019, cont.

Programme overview (as of February 1, 2019)

HB4 M1-2, Hall B, Bella Center

11:10 - 12:20	Session 3: Panel discussion – Cases & questions from the audience Konstantinos Gerasimidis, Glasgow, United Kingdom (Moderator) Jackie Falconer, London, United Kingdom Arie Levine, Tel Aviv, Israel James Lindsay, London, United Kingdom Miranda Lomer, London, United Kingdom Lisa Younge, London, United Kingdom	
	Abstract presentations	
11:10 - 11:20	9: Abstract 1: Development of an inflammatory bowel disease specific nutrition screening tool (IBD-NST) Catherine Wall, London, United Kingdom Presented as P599 in the poster exhibition	
11:20 - 11:30	10: Abstract 2: Microencapsulated Sodium Butyrate significantly modifies the microbiota in patients with Inflammatory Bowel Disease mimicking prebiotic activity and proving effects on the treatment of the disease Sonia Facchin, Padova, Italy Presented as P655 in the poster exhibition	
Case presentations and panel discussion		
11:30 - 11:37	11: Nutritional factors in transitional IBD Shameer Mehta, London, United Kingdom	
11:37 - 11:47	Panel discussion	
11:47 - 11:54	12: Pre-operative nutritional optimisation in stricturing Crohn's Disease Dearbhaile O'Hanlon, London, United Kingdom	
11:54 - 12:04	Panel discussion	
12:04 - 12:11	13: Complications secondary to intravenous iron infusion in PIBD patient Richard Russell, Glasgow, United Kingdom	
12:11 - 12:20	Panel discussion	
12:20 - 12:25	14: Closing remarks Konstantinos Gerasimidis, Glasgow, United Kingdom	

3rd D-ECCO Workshop

Date: Friday, Feb. 16, 2018
Time: 08:30-12:25
Organisation: D-ECCO Working Group
Target audience: Dietitians, IBD nurses, physicians
Registration: For registered participants only. No onsite registration
CME accreditation: 3 CME credits, upon return of an evaluation form filled in online

Friday, February 16, 2018

*Programme overview (as of January 15, 2018) –
 Lehar 4, Congress Centre, Messe Wien*

08:30 - 08:36	1: Welcome Rotem Sigall-Boneh, Tel Aviv, Israel
08:36 - 09:40	Session 1: Case-based presentations Gerassimos Mantzaris, Athens, Greece Rotem Sigall-Boneh, Tel Aviv, Israel
08:36 - 08:52	2: Obesity in IBD Miranda Lomer, London, United Kingdom
08:52 - 09:08	3: Nutritional assessment Konstantinos Gerasimidis, Glasgow, United Kingdom
09:08 - 09:24	4: Management of stoma Nicolette Wierdsma, Amsterdam, The Netherlands
09:24 - 09:40	5: Complications arising out of (mal)nutritionally induced Refractory Disease Gerassimos Mantzaris, Athens, Greece
09:40 - 10:00	Coffee break
10:00 - 11:00	Session 2: Diet and Ulcerative Colitis Miranda Lomer, London, United Kingdom Nicolette Wierdsma, Amsterdam, The Netherlands
10:00 - 10:20	6: Dietary pathogenesis in Ulcerative Colitis Chen Sarbagili, Tel Aviv, Israel
10:20 - 10:40	7: From pharma to farma in IBD Arie Levine, Tel Aviv, Israel
10:40 - 11:00	8: Probiotics and Ulcerative Colitis Ailsa Hart, London, United Kingdom
11:00 - 11:20	Coffee break

Friday, February 16, 2018, cont.

Programme overview (as of January 15, 2018) –

Lehar 4, Congress Centre, Messe Wien

11:20 - 12:00	Session 3: Supplements in IBD Konstantinos Gerasimidis, Glasgow, United Kingdom Arie Levine, Tel Aviv, Israel
	11:20 - 11:40 9: Dietary supplements in IBD Rotem Sigall-Boneh, Tel Aviv, Israel
	11:40 - 12:00 10: A case for and against oral iron in IBD: Tandem talk Charlie Lees, Edinburgh, United Kingdom Richard Russell, Glasgow, United Kingdom
12:00 - 12:20	11: Panel discussion/Q & A Ailsa Hart, London, United Kingdom Charlie Lees, Edinburgh, United Kingdom Gerassimos Mantzaris, Athens, Greece Richard Russell, Glasgow, United Kingdom Chen Sarbagili, Tel Aviv, Israel
12:20 - 12:25	12: Closing remarks Nicolette Wierdsma, Amsterdam, The Netherlands

2nd D-ECCO Workshop

Date: February 17, 2017
Time: 08:30-12:30
Organisation: D-ECCO Working Group
Target audience: Dietitians, IBD nurses, physicians
Registration: For registered participants only. No onsite registration
CME accreditation: 3 CME credits, upon return of an evaluation form filled in online

Friday, February 17, 2017

*Programme overview (as of January 16, 2017) –
Room 118+119, Level 1, CCIB*

08:30 - 08:35	1: Welcome Rotem Sigall-Boneh, Tel Aviv, Israel
08:35 - 09:40	Session 1: Nutritional science in IBD Rotem Sigall-Boneh, Tel Aviv, Israel Nicolette Wierdsma, Amsterdam, The Netherlands
08:35 - 08:55	2: Biology of SCFA Konstantinos Gerasimidis, Glasgow, United Kingdom
08:55 - 09:15	3: Food additives - a role in IBD? Arie Levine, Tel Aviv, Israel
09:15 - 09:35	4: Diet and microbiome Jeroen Raes, Ghent, Belgium
09:35 - 09:40	Q&A
09:40 - 10:00	Coffee break
10:00 - 11:05	Session 2: Clinical nutrition in IBD Kevin Whelan, London, United Kingdom Arie Levine, Tel Aviv, Israel
10:00 - 10:20	5: The role of diet in pre- and post-surgical management Miranda Lomer, London, United Kingdom
10:20 - 10:40	6: Enteral nutrition in adults: Has anything changed? Walter Reinisch, Vienna, Austria
10:40 - 11:00	7: Case presentation – dietitian's view Nicolette Wierdsma, Amsterdam, The Netherlands
11:00 - 11:05	Q&A
11:05 - 11:20	Coffee break
11:20 - 12:25	Session 3: Diet and nutritional aspects of IBD Miranda Lomer, London, United Kingdom Konstantinos Gerasimidis, Glasgow, United Kingdom
11:20 - 11:40	8: Calcium, Vitamin K2 and Vitamin D Tibor Hlavaty, Bratislava, Slovakia
11:40 - 12:00	9: EEN – not what you are used to Rotem Sigall-Boneh, Tel Aviv, Israel
12:00 - 12:20	10: Food related quality of life and the patient's perspective on diet Kevin Whelan, London, United Kingdom
12:20 - 12:25	Q&A
12:25 - 12:30	11: Closing remarks Konstantinos Gerasimidis, Glasgow, United Kingdom

1st D-ECCO Workshop

Date: March 18, 2016
Time: 08:30-12:30
Organisation: D-ECCO Working Group
Target audience: Dietitians, IBD nurses
Registration: For registered participants only. No onsite registration.

Friday, March 18, 2016

Programme overview (as of February 15, 2016)
Room E102, Level 1, RAI Amsterdam

08:30 - 08:35	1: Welcome Rotem Sigall-Boneh, Tel Aviv, Israel
08:35 - 09:40	Session 1 Miranda Lomer, London, United Kingdom Rotem Sigall-Boneh, Tel Aviv, Israel
08:35 - 08:55	2: Diet, environment and genetics in IBD Arie Levine, Tel Aviv, Israel
08:55 - 09:15	3: Microbiota and IBD Philippe Seksik, Paris, France
09:15 - 09:35	4: Nutritional assessment in IBD patients Konstantinos Gerasimidis, Glasgow, United Kingdom
09:35 - 09:40	Panel Q&A
09:40 - 10:00	Coffee break
10:00 - 11:05	Session 2 Nicolette Wierdsma, Amsterdam, The Netherlands Philippe Seksik, Paris, France
10:00 - 10:20	5: Exclusive and partial enteral nutrition in IBD Richard Russell, Glasgow, United Kingdom
10:20 - 10:40	6: New dietary therapies in IBD Rotem Sigall-Boneh, Tel Aviv, Israel
10:40 - 11:00	7: Iron deficiency anaemia in IBD Charlie Lees, Edinburgh, United Kingdom
11:00 - 11:05	Panel Q&A
11:05 - 11:20	Coffee break

Friday, March 18, 2016, cont.

Programme overview (as of February 15, 2016)

Room E102, Level 1, RAI Amsterdam

11:20 - 12:25	Session 3 Konstantinos Gerasimidis, Glasgow, United Kingdom Petra Tap-Zandkuil, Woerden, The Netherlands	
	11:20 - 11:40	8: Dietary treatment of functional symptoms in IBD Miranda Lomer, London, United Kingdom
	11:40 - 12:00	9: Dietary treatment in short bowel syndrome/intestinal insufficiency Nicolette Wierdsma, Amsterdam, The Netherlands
	12:00 - 12:20	10: The evidence for fibre and prebiotics in IBD Kevin Whelan, London, United Kingdom
	12:20 - 12:25	Panel Q&A
12:25 - 12:30	11: Closing remarks Arie Levine, Tel Aviv, Israel	