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## **ECCO Grant Report to EFCCA – 10th N-ECCO School**

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Bella Centre, Copenhagen, Denmark, March 6, 2019

N-ECCO is now an established part of ECCO, representing the nurses of ECCO, the European Crohn's and Colitis Organisation. N-ECCO was created to provide educational opportunities for Inflammatory Bowel Disease (IBD) Nurses throughout Europe and to increase the networking opportunities for nurses caring for IBD patients to meet and share best practice.

N-ECCO currently counts more than 450 members and we are happy about the constantly increasing interest in N-ECCO and IBD Nurse Membership.

The participation at N-ECCO School is based on the nominations submitted by the N-ECCO National Representatives, where access is granted to ECCO IBD nurse members. In 2018, each ECCO Member Country could nominate nurses for participation (36 places). 10 seats were reserved for dietitians and another 10 for global friends. In total, 68 people attended the N-ECCO School at ECCO'19.

This one-day course consists of lectures and workshops after which the participants are invited to join the N-ECCO Network Meeting and the N-ECCO Research Forum for their further education in the next year. International clinicians and nurses were invited to present.

Since the successful introduction of this new educational activity for IBD Nurses in 2010 by N-ECCO Committee, the 10<sup>th</sup> N-ECCO School took place this year in Copenhagen. N-ECCO School intends to give nurses who might still be in training and have an interest in IBD the possibility to attend courses with main focus on IBD.

N-ECCO School has come to serve as a great networking opportunity for nurses and dietitians, enabling them to share experience and exchange knowledge. At this year's workshop topics for both IBD Nurses and Dietitians were covered.

The N-ECCO National Representatives are also invited to attend the N-ECCO School to support the participants from their country with language and translations, in particular as many of the nurses attending do not speak English as their first language.

### **Course Participants:**

The 2019, N-ECCO School welcomed 68 Participants including 9 Dietitians, representing a total of 24 countries.

### **Evaluation:**

The feedback provided at the end of the programme is invaluable source helping to grant the right development and success of N-ECCO School. In this way, IBD Nurse knowledge will help the patient care across Europe.

The evaluation forms completed by the nurses and dietitians afterwards provided us with valuable feedback on this year's performance as well as improvements for the future. Participants were highly satisfied with the selection of the speakers, who all presented topics relevant to the nurses' clinical practice. It was a pleasure to see that the

satisfaction with this year's N-ECCO School showed an overall increase in comparison with the one of the previous year.

**Table 1: Questions and Participants Ratings of the 10<sup>th</sup> N-ECCO School**

\* Rating: 1=unsatisfactory; 2=poor, perhaps; 3=average; 4=good, yes; 5=outstanding, excellent

Questions	Average	# of answers
How do rate your personal learning impact of educational sessions?	3,96	24
How would you rate the balance of passive and active learning at this educational activity?	4,04	24
How do you rate the range of educational activities available?	3,96	24
Was company and product neutrality ensured during the lectures?	4,00	24
<b>Overall satisfaction with the N-ECCO School</b>		<b>4,25</b>

### Course Outcome and Conclusion:

With the 10<sup>th</sup> N-ECCO School, the cooperation between ECCO and EFCCA facilitated an educational programme which will improve the quality of patient care and thus benefit the welfare of patients in IBD.

The support of EFCCA allowed ECCO to offer a travel bursary to those participants who were unable to raise funding for travel and accommodation (as in some countries, industry sponsorship for nurses is prohibited). The EFCCA grant has been divided among those participants without industry sponsorship in the form of reimbursements for accommodation and travel expenses.



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As previously, in 2019 the learning objectives were provided to participants online. All PowerPoint presentations of the N-ECCO School (subject to speaker authorisation) have been uploaded to the e-CCO Learning platform, which is accessible for all ECCO Members.

### **N-ECCO School Programme:**

The programme of the 10<sup>th</sup> N-ECCO School featured a full overview of IBD history in order to give nurses a basic introduction to the specialty by expert speakers. Our aim was to teach basic knowledge in a clear way for nurses, with the objective of improving nurse education throughout Europe.

<b>08:30-08:45</b>	<b>Welcome &amp; Introduction</b> Petra Hartmann, Minden, Germany
<b>08:45 -12:15</b>	<b>Session 1: Diagnosis and assessment</b> Petra Hartmann, Minden, Germany Marjo Campmans-Kuijpers, Groningen, The Netherlands
08:45-09:30	<b>Diagnosis, anatomy and physiology in IBD</b> Marc Ferrante, Leuven, Belgium
09:30-10:00	<b>Psychosocial implications of living with IBD</b> Kay Greveson, London, United Kingdom
10:00-10:30	<b>Nutritional assessment in IBD</b> Konstantinos Gerasimidis, Glasgow, United Kingdom
<b>10:30-10:45</b>	<b>Coffee break</b>

	10:45-11:15	<b>Surgery in IBD</b> Michel Adamina, Winterthur, Switzerland
	11:15-11:45	<b>Medical treatment</b> Dominik Bettenworth, Münster, Germany
	11:45-12:15	<b>Adherence</b> Susanna Jäghult, Stockholm, Sweden
<b>12:15-13:15</b>	<b>Lunch break</b>	
<b>13:15-14:45</b>	<b>Session 2: Case studies - Disease management</b> Wladyslawa Czuber-Dochan, London, United Kingdom Catherine Wall, London, United Kingdom	
	13:15-14:00	<b>Workshop 1 – UC Management (Group A)</b> Nik Sheng Ding, Melbourne, Australia <b>Workshop 2 – CD Management (Group B)</b> Marieke Pierik, Maastricht, The Netherlands
	14:00-14:45	<b>Workshop 1 – UC Management (Group B)</b> Nik Sheng Ding, Melbourne, Australia <b>Workshop 2 – CD Management (Group A)</b> Marieke Pierik, Maastricht, The Netherlands
<b>14:45-15:00</b>	<b>Coffee break</b>	
<b>15:00-16:00</b>	<b>Session 3: Multidisciplinary management in IBD</b> Wladyslawa Czuber-Dochan, London, United Kingdom Catherine Wall, London, United Kingdom	
	15:00-15:30	<b>Nutritional management in IBD</b> Catherine Wall, London, United Kingdom
	15:30-16:00	<b>Nursing roles in IBD management</b> Susanna Jäghult, Stockholm, Sweden
<b>16:00-16:15</b>	<b>Closing remarks</b> Petra Hartmann, Minden, Germany	