
ECCO Grant Report to EFCCA – 15th N-ECCO School

Stockholmsmässan, Stockholm, Sweden, February 21, 2024

The N-ECCO Committee is an established part of ECCO since 2007, representing the nurses of ECCO, the European Crohn's and Colitis Organisation. N-ECCO was created to provide educational opportunities for Inflammatory Bowel Disease (IBD) Nurses throughout Europe and to increase the networking opportunities to meet and share best practice. Currently, ECCO has 521 IBD Nurse Members and sees a constantly increasing interest in N-ECCO initiatives.

The N-ECCO School aims on giving the nurses, who might still be in training and have an interest in IBD, the possibility to attend an educational course created by N-ECCO Committee Members. This one-day course consists of lectures and workshops which prepare the participants to join the N-ECCO Network Meeting and the N-ECCO Research Forum (taking place biannually) the following year. N-ECCO Network Meeting and N-ECCO Research Forum provide further advanced IBD Nurse education. International clinicians and nurses are invited to present at these courses.

Course Participants:

The participation in N-ECCO School is based on nominations submitted by the N-ECCO National Representatives (ECCO IBD Nurse Membership is a pre-requisite for a nomination). In 2024, each ECCO Member Country could nominate two nurses for participation (72 places in total). Additional 10 seats were reserved for dietitians and another 10 for global friends. The N-ECCO National Representatives were also invited to attend the N-ECCO School to support the participants from their country with translations, as for many attending nurses English is the second language.

In 2024, the N-ECCO School welcomed 87 Participants (including 2 Dietitians) representing a total of 22 countries. Additionally, 8 N-ECCO National Representatives attended the course.

Evaluation:

ECCO's contribution to IBD nurse education is both expert-driven and shaped by performance evaluations and personal insights from participants. The feedback provided at the end of the programme is an invaluable resource for continuous improvement, ensuring the course's success. This year's results showed high satisfaction with the speaker selection, with an overall speaker evaluation score of 4.20. Participants found all presented topics highly relevant to their clinical practice.

Table 1: Questions and Participants Ratings of the 15th N-ECCO School

* Rating: 1=unsatisfactory; 2=poor, perhaps; 3=average; 4=good, yes; 5=outstanding, excellent

Questions	Average	# of answers
How would rate your personal learning impact of educational sessions?	4.09	45
How would you rate the interactivity of this educational course?	3.87	45
Was company and product neutrality ensured during the lectures?	4.22	45
The relevance to your clinical practice	4.00	45
Overall satisfaction with the N-ECCO School		4.07

Course Outcome and Conclusion:

The annual N-ECCO School serves as a valuable networking opportunity for nurses and dietitians, enabling the exchange of experiences and knowledge. This year's workshops and topics for both IBD Nurses and Dietitians were successfully covered. The cooperation between ECCO and EFCCA once again facilitated the nurses' educational activities. Such initiative will continue improving the quality of patients' care and benefit their welfare.

The continued collaboration between ECCO and EFCCA has facilitated the educational activities for nurses. This initiative is designed to enhance the quality of patient care and overall welfare. EFCCA's support has enabled ECCO to provide travel bursaries for participants who were unable to secure funding for travel and accommodation, particularly in countries where industry sponsorship for nurses is prohibited. These grants were distributed to participants without industry sponsorship to reimburse their accommodation and travel expenses.

As previously, the learning materials will be provided to participants online. All PowerPoint presentations of the N-ECCO School (subject to speaker authorisation) will be uploaded to the e-CCO Learning platform, which is accessible for all ECCO Members.



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N-ECCO School Programme:

The 15th N-ECCO School programme featured a comprehensive overview of IBD history, providing nurses with an essential introduction to the specialty by expert speakers. Our goal is to impart basic knowledge clearly and effectively, aiming to improve nurse education across Europe.

08:30-08:45	1: Welcome & Introduction Marie Andersson, Borås, Sweden
08:45 -12:15	Session 1: Diagnosis and assessment Marie Andersson, Borås, Sweden Lihi Godny, Petah Tikva, Israel
	08:45-09:30 2: Diagnosis, anatomy and physiology in IBD Marc Ferrante, Leuven, Belgium
	09:30-10:00 3: Psychosocial implications of living with IBD Wladyslawa Czuber-Dochan, London, United Kingdom
	10:00-10:30 4: Nutritional assessment in IBD Emma Halmos, Melbourne, Australia
10:30-10:45	Coffee break
	10:45-11:15 5: Surgery in IBD Michel Adamina, Winterthur, Switzerland
	11:15-11:45 6: Medical treatment Gabriele Dragoni, Florence, Italy
	11:45-12:15 7: Adherence Shellie Radford, Nottingham, United Kingdom
12:15-13:45	Lunch break
12:30-13:30	N-ECCO School Lunch Satellite Symposium slot
13:45-15:15	Session 2: Case studies - Disease management Marie Andersson, Borås, Sweden Simona Radice, Milan, Italy
	13:45-14:30 8: UC Management Mark Samaan, London, United Kingdom
	14:30-15:15 9: CD Management Ebbe Langholz, Hellerup, Denmark
15:15-15:30	Coffee break
15:30-16:30	Session 3: Multidisciplinary management in IBD Vaios Svolos, Larisa, Greece Simona Radice, Milan, Italy
	15:30-16:00 10: Nutritional management in IBD Chen Sarbagili Shabat, Holon, Israel
	16:00-16:30 11: Nursing roles in IBD management Ana Ibarra, London, United Kingdom
16:30-16:45	12: Closing remarks Marie Andersson, Borås, Sweden

N-ECCO Committee