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## **ECCO Grant Report to EFCCA – 8<sup>th</sup> N-ECCO School**

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CCIB, Barcelona, Spain, February 15, 2017

The Nurses of ECCO network – N-ECCO – is now an established part of ECCO, the European Crohn's and Colitis Organisation. N-ECCO was created to provide educational opportunities for Inflammatory Bowel Disease (IBD) nurses throughout Europe and to increase networking opportunities for nurses caring for IBD patients to meet and share best practice.

N-ECCO currently counts almost 400 members and we are happy about the constantly increasing interest in N-ECCO and IBD Nurse Membership. In 2013 the first N-ECCO Consensus statements have been published in JCC, aiming at providing practical value at a local and national level to develop nurses' roles in caring for patients with IBD. These statements are now being updated and are planned for publication in December 2017.

In 2010, the N-ECCO Committee successfully introduced a new educational activity for IBD nurses – the N-ECCO School. The N-ECCO School intends to give nurses who might still be in training and have an interest in IBD, the possibility to attend an IBD-focused course. This one-day course consists of lectures and workshops and the participants are invited to join the N-ECCO Network Meeting or the N-ECCO Research Forum for their further education in the next year. Participation at the N-ECCO School is based on nominations which are submitted by the N-ECCO National Representatives and access is only granted to ECCO IBD nurse members. Each ECCO Member Country can nominate 1 nurse for participation (36 places). After the ECCO'15 Congress, the Dietitians Working Group of ECCO (D-ECCO) and the Nurses Committee of ECCO (N-ECCO) discussed and agreed on the importance of the involvement of dietitians in the care of IBD patients. Therefore, in 2016 the N-ECCO School was opened for dietitians interested in gaining knowledge about the basic aspects of IBD, and 20 places were thus reserved for the participation of dietitians. In 2017 this tradition was continued with another 20 places reserved for dietitians.

The N-ECCO National Representatives are also invited to attend the N-ECCO School to support the participants from their country with language and translations, in particular as many of the nurses attending do not speak English as their first language.

### **Course Participants:**

47 actual participants from 21 different countries (incl. 7 dietitians)

32 evaluation forms received

+ 11 N-ECCO National Representatives



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**Evaluation:**

The evaluation forms completed by the nurses and dietitians afterwards provided us with valuable feedback on this year's performance as well as improvements for the future. Participants were highly satisfied with the selection of the speakers, who all presented topics relevant to the nurses' clinical practice. It was a pleasure to see that the satisfaction with this year's N-ECCO School showed an overall increase in comparison with the one of the previous year.

**Table 1: Questions and Participants Ratings of the 8<sup>th</sup> N-ECCO School**

Questions	Average*
<b>ECCO Office &amp; CCIB Barcelona</b>	
How do you rate the registration and housing services provided prior to the N-ECCO School	4,22
How do you rate the onsite registration and housing services	4,25
How do you rate the lunch/coffee breaks	3,72
Was company and product neutrality ensured during the lectures?	4,25
How do you rate the printed course syllabus	4,19
How useful is the information about IBD terminology at the beginning of the syllabus for you?	4,19
<b>Overall satisfaction with the lectures and speakers</b>	
How do you rate the selection, composition and relevance of the topics	4,20
How do you rate the performance of the speakers	4,15
How do you rate the presentation of the lectures (clarity, media support etc.)	4,16
How do you rate the level of knowledge gained	4,05
How do you rate the quality of discussion with the speaker	3,93
How do you rate the relevance to your clinical practice	4,18
<b>Overall satisfaction with the N-ECCO School</b>	<b>4,38</b>

\* Rating: 1=unsatisfactory; 2=poor, perhaps; 3=average; 4=good, yes; 5=outstanding, excellent

**Course Outcome and Conclusion:**

With the 8<sup>th</sup> N-ECCO School, the cooperation between ECCO and EFCCA facilitated an educational programme which will improve the quality of patient care and thus benefit the welfare of patients in IBD.

The support of EFCCA allowed ECCO to offer a travel bursary to those participants who were unable to raise funding for travel and accommodation (as in some countries, industry sponsorship for nurses is prohibited). The EFCCA grant has been divided among those participants without industry sponsorship in the form of reimbursements for accommodation and travel expenses.



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All course participants received a printed syllabus with the core slides, educational objectives, and summary of each presentation. The nurses and dietitians who attended the school are encouraged to use this syllabus when they return to their hospital and use it as a means of informing and educating their colleagues.

All PowerPoint presentations of the N-ECCO School (subject to speaker authorisation) have been uploaded to the e-CCO Learning platform, which is accessible for all ECCO Members. Additionally, in 2017 the entire N-ECCO School was recorded and all presentations will also be available on the e-CCO Learning platform.

A short report on the N-ECCO School in Barcelona has been printed in the 1<sup>st</sup> issue of ECCO News 2017.

### **N-ECCO School Programme:**

The programme of the 8<sup>th</sup> N-ECCO School featured a full overview of IBD history in order to give nurses a basic introduction to the specialty by expert speakers. Our aim was to teach basic knowledge in a clear way for nurses, with the objective of improving nurse education throughout Europe.

<b>08:30-08:45</b>	<b>Welcome and introduction</b> Usha Chauhan, Hamilton, Canada
<b>08:45-12:15</b>	<b>Session 1: Diagnosis and assessment</b> Usha Chauhan, Hamilton, Canada Nicolette Wierdsma, Amsterdam, The Netherlands
	08:45-09:30 <b>Diagnosis, anatomy and physiology in IBD</b> Marc Ferrante, Leuven, Belgium
	09:30-10:00 <b>Psychosocial implications of living with IBD</b> Kay Greveson, London, United Kingdom
	10:00-10:30 <b>Nutritional assessment in IBD</b> Konstantinos Gerasimidis, Glasgow, United Kingdom
<b>10:30-10:45</b>	<b>Coffee break</b>
	10:45-11:15 <b>Surgery in IBD</b> Janindra Warusavitarne, London, United Kingdom
	11:15-11:45 <b>Medical treatment</b> Konstantinos Katsanos, Ioannina, Greece
	11:45-12:15 <b>Adherence</b> Palle Bager, Aarhus, Denmark
<b>12:15-13:15</b>	<b>Lunch break</b>
<b>13:15-14:50</b>	<b>Session 2: Case studies - Disease Management</b> Usha Chauhan, Hamilton, Canada Nicolette Wierdsma, Amsterdam, The Netherlands
	13:20-14:05 <b>Workshop 1 – UC Management (Group A)</b> Andreas Sturm, Berlin, Germany <b>Workshop 2 – CD Management (Group B)</b> Pieter Hindryckx, Ghent, Belgium
	14:05-14:50 <b>Workshop 1 – UC Management (Group B)</b> Andreas Sturm, Berlin, Germany <b>Workshop 2 – CD Management (Group A)</b> Pieter Hindryckx, Ghent, Belgium
<b>14:50-15:05</b>	<b>Coffee break</b>
<b>15:05-16:05</b>	<b>Session 3: Multidisciplinary management in IBD</b> Kay Greveson, London, United Kingdom Nicolette Wierdsma, Amsterdam, The Netherlands
	15:05-15:35 <b>Nutritional management in IBD</b> Rotem Sigall-Boneh, Tel Aviv, Israel
	15:35-16:05 <b>Nursing roles in IBD management</b> Usha Chauhan, Hamilton, Canada
<b>16:05-16:15</b>	<b>Closing remarks</b> Usha Chauhan, Hamilton, Canada