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## ECCO Grant Report to EFCCA – 9<sup>th</sup> N-ECCO School

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Reed Messe Vienna, Vienna, Austria, February 14, 2018

The Nurses of ECCO network N-ECCO is now an established part of ECCO, the European Crohn's and Colitis Organisation. N-ECCO was created to provide educational opportunities for Inflammatory Bowel Disease (IBD) nurses throughout Europe and to increase networking opportunities for nurses caring for IBD patients to meet and share best practice.

N-ECCO currently counts more than 400 members and we are happy about the constantly increasing interest in N-ECCO and IBD Nurse Membership.

In 2018 the N-ECCO Consensus statements have been updated and published in JCC, aiming at providing practical value at a local and national level to develop nurses' roles in caring for patients with IBD.

This one-day course consists of lectures and workshops and the participants are invited to join the N-ECCO Network Meeting or the N-ECCO Research Forum for their further education in the next year.

The participation at N-ECCO School is based on the nominations submitted by the N-ECCO National Representatives, where access is granted to ECCO IBD nurse members. International clinicians and nurses were invited to present.

Since the successful introduction of this new educational activity for IBD Nurses in 2010 by N-ECCO Committee, the 9<sup>th</sup> N-ECCO School took place in 2018.

N-ECCO School intends to give nurses who might still be in training and have an interest in IBD the possibility to attend courses with main focus on IBD.

N-ECCO School has come to serve as a great networking opportunity for nurses and dietitians, enabling them to share experience and exchange knowledge.

At this year's workshop topics for both IBD Nurses and Dietitians were covered.

Each ECCO Member Country can nominate 1 nurse for participation (36 places). After the ECCO'15 Congress, the Dietitians Working Group of ECCO (D-ECCO) and the Nurses Committee of ECCO (N-ECCO) discussed and agreed on the importance of the involvement of dietitians in the care of IBD patients. Therefore, in 2016 the N-ECCO School was opened for dietitians interested in gaining knowledge about the basic aspects of IBD and a certain number of places was reserved for the participation of Dietitians. In 2018 this tradition was continued.

The N-ECCO National Representatives are also invited to attend the N-ECCO School to support the participants from their country with language and translations, in particular as many of the nurses attending do not speak English as their first language.

### **Course Participants:**

The 2018, N-ECCO School welcomed 62 Participants including 11 Dietitians, representing a total of 24 countries.

### Evaluation:

The feedback provided at the end of the programme is invaluable source helping to grant the right development and success of N-ECCO School. In this way, IBD Nurse knowledge will help the patient care across Europe.

The evaluation forms completed by the nurses and dietitians afterwards provided us with valuable feedback on this year's performance as well as improvements for the future. Participants were highly satisfied with the selection of the speakers, who all presented topics relevant to the nurses' clinical practice. It was a pleasure to see that the satisfaction with this year's N-ECCO School showed an overall increase in comparison with the one of the previous year.

**Table 1: Questions and Participants Ratings of the 9<sup>th</sup> N-ECCO School**

\* Rating: 1=unsatisfactory; 2=poor, perhaps; 3=average; 4=good, yes; 5=outstanding, excellent

Questions:	Average	# Answers
How do rate your personal learning impact of educational sessions?	3,81	32
How would you rate the balance of passive and active learning at this educational activity?	4,00	32
Was company and product neutrality ensured during the lectures?	4,25	32

<b>Overall satisfaction with the N-ECCO School</b>	<b>4,19</b>
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Overall satisfaction with the lectures and speakers	Average
How do you rate the selection, composition and relevance of the topics	4,22
How do you rate the performance of the speakers	4,29
How do you rate the presentation of the lectures (clarity, media support etc.)	4,23
How do you rate the level of knowledge gained	4,01
How do you rate the quality of discussion with the speaker	4,24
How do you rate the relevance to your clinical practice	4,11

### Course Outcome and Conclusion:

With the 9<sup>th</sup> N-ECCO School, the cooperation between ECCO and EFCCA facilitated an educational programme which will improve the quality of patient care and thus benefit the welfare of patients in IBD.

The support of EFCCA allowed ECCO to offer a travel bursary to those participants who were unable to raise funding for travel and accommodation (as in some countries, industry sponsorship for nurses is prohibited). The EFCCA grant has been divided among those participants without industry sponsorship in the form of reimbursements for accommodation and travel expenses.



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In the year 2018 the learning objectives were provided to participants online. All PowerPoint presentations of the N-ECCO School (subject to speaker authorisation) have been uploaded to the e-CCO Learning platform, which is accessible for all ECCO Members.

### **N-ECCO School Programme:**

The programme of the 9<sup>th</sup> N-ECCO School featured a full overview of IBD history in order to give nurses a basic introduction to the specialty by expert speakers. Our aim was to teach basic knowledge in a clear way for nurses, with the objective of improving nurse education throughout Europe.

<b>07:15-08:15</b>	<b>N-ECCO School Satellite Symposium Slot 1</b>	
<b>08:30-08:45</b>	<b>Welcome and introduction</b> Usha Chauhan, Hamilton, Canada	
<b>08:45 -12:15</b>	<b>Session 1: Diagnosis and assessment</b> Usha Chauhan, Hamilton, Canada Nicolette Wierdsma, Amsterdam, The Netherlands	
	08:45-09:30	<b>Diagnosis, anatomy and physiology in IBD</b> Marc Ferrante, Leuven, Belgium
	09:30-10:00	<b>Psychosocial implications of living with IBD</b> Kay Greveson, London, United Kingdom
	10:00-10:30	<b>Nutritional assessment in IBD</b> Konstantinos Gerasimidis, Glasgow, United Kingdom
<b>10:30-10:45</b>	<b>Coffee break</b>	
	10:45-11:15	<b>Surgery in IBD</b> Michel Adamina, Winterthur, Switzerland
	11:15-11:45	<b>Medical treatment</b> Konstantinos Katsanos, Ioannina, Greece
	11:45-12:15	<b>Adherence</b> Palle Bager, Aarhus, Denmark
<b>12:15-13:15</b>	<b>Lunch break</b>	
<b>13:15-14:50</b>	<b>Session 2: Case studies - Disease management</b> Kay Greveson, London, United Kingdom Nicolette Wierdsma, Amsterdam, The Netherlands	
	13:15-14:05	<b>Workshop 1 – UC Management (Group A)</b> Nik Ding, Melbourne, Australia <b>Workshop 2 – CD Management (Group B)</b> Pieter Hindryckx, Ghent, Belgium
	14:05-14:50	<b>Workshop 1 – UC Management (Group B)</b> Nik Ding, Melbourne, Australia <b>Workshop 2 – CD Management (Group A)</b> Pieter Hindryckx, Ghent, Belgium
<b>14:50-15:05</b>	<b>Coffee break</b>	
<b>15:05-16:05</b>	<b>Session 3: Multidisciplinary management in IBD</b> Kay Greveson, London, United Kingdom Nicolette Wierdsma, Amsterdam, The Netherlands	
	15:05-15:35	<b>Nutritional management in IBD</b> Rotem Sigall-Boneh, Tel Aviv, Israel
	15:35-16:05	<b>Nursing roles in IBD management</b> Liesbeth Moortgat, Roeselare, Belgium
<b>16:05-16:15</b>	<b>Closing remarks</b> Usha Chauhan, Hamilton, Canada	
<b>16:30-17:30</b>	<b>N-ECCO School Satellite Symposium Slot 2</b>	