CALL for participation in the ECCO Topical Review:
Multidisciplinary perinatal care in IBD 2021-2022

Application deadline: October 10, 2021

Context:
ECCO has a comprehensive guideline on IBD management of pregnant women, however ECCO does not currently have any publications that guide clinicians through the non-medical management of women planning a pregnancy, during pregnancy, after pregnancy or the first years of the infant’s life. Patients with IBD have many perinatal queries that health professionals may not be equipped to adequately answer.

The purpose of the topical review is to review the scientific evidence or provide expert opinion in the absence of high-quality evidence, related to nutritional, psychological and supportive care of women and their infants throughout the prenatal, antenatal, postnatal and infant periods. The topical review will not cover medical management, medications or fertility as this is covered in previous ECCO publications.

Topics to be covered:
- Potential mechanistic pathways for the role of diet in pregnancy and early life epigenetics and microbiome development
- Perinatal nutritional aspects (e.g. preventing and correcting nutritional deficiencies, nutritional status, nutrition and dietary treatments for active CD during pregnancy, safety of CAM use)
- Psychological and support care
- Breast and formula feeding and importance of healthy eating in early life and childhood
- Perinatal environmental and nutritional IBD prevention strategies
- Importance of multidisciplinary IBD perinatal clinics and key members (care givers)

Aim of the project:
The lack of solid evidence and controversial data in multiple areas of this topic will be addressed in this Topical Review:

1. by clearly pointing out ‘opinion’ versus ‘evidence’;

2. by using the rigorous standards and protocols comparable to the ones used for the ECCO Clinical Guidelines process - however summarised in the form of a Topical Review instead of a Clinical Guideline.

Workgroups prepare core messages as “Current Practice Positions” which will be discussed and voted on in a plenary meeting to achieve consensus. After the final vote, the manuscript is finalised and published in the Journal of Crohn’s and Colitis (JCC).

To be selected for the Workgroups of this Topical Review ECCO members should apply via the link provided below.

Y-ECCO Members are encouraged to apply with an opportunity to oversee the systematic bibliographic review and further development of e-Learning material.
Working Groups (WGs):

WG 1: Epigenetics and microbiome development
   a. Potential peri-natal and early life mechanistic pathways for the role of diet in epigenetics and microbiome development

WG 2: Pre-Conception
   a. Role of diet in fertility
   b. Nutrient intake and supplementation for foetal development
   c. Pre-conception MDT counselling

WG 3: Pregnancy
   a. Prevention and treatment of micronutrient deficiencies
   b. Nutrition for foetal development
   c. Use of nutrition, dietary and CAM treatments during pregnancy
   d. Psychosocial support
   e. Roles of the MDT

WG 4: Post-natal and early years
   a. Breast and formula feeding
   b. Environmental factors and nutritional strategies for IBD prevention
   c. Healthy eating and lifestyle in early life and childhood
   d. Roles of the MDT

Timeline:

<table>
<thead>
<tr>
<th>DATE</th>
<th>ACTION</th>
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<tbody>
<tr>
<td>SEP 2021</td>
<td>Call sent out</td>
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<tr>
<td>OCT 2021</td>
<td>Applicants selected and notified</td>
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<tr>
<td>OCT 2021–JAN 2022</td>
<td>Literature research and draft of text</td>
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<td>First draft of &quot;Current Practice Positions&quot; (incl. first draft of supporting text and recommended summary tables for literature research)</td>
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<tr>
<td>FEB 2022</td>
<td>Online voting</td>
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<tr>
<td>FEB–MAR 2022</td>
<td>Revision after online voting Final draft of &quot;Current Practice Positions and supporting text</td>
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<tr>
<td>APRIL 2022</td>
<td>Virtual Consensus Meeting (half day/exact date TBC)</td>
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<td>APR–MAY 2022</td>
<td>Finalisation</td>
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<td>MAY 2022</td>
<td>Cross-check by medical writer</td>
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<tr>
<td>MAY–JUNE 2022</td>
<td>Submission to JCC</td>
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If you are:

- an ECCO Member (in good standing – 2021 membership)
- and are interested in joining one of the Workgroups for this project
- able to commit to a mandatory consensus meeting in April 2022 (exact dates and schedule TBC)

Then please apply online* under the following link. Please use your ECCO Portal Credentials: https://cm.ecco-ibd.eu/cmProposalSubmission/proposal/ASSOC21/TRMultiDiscCare
Deadline for submission is October 10, 2021

*Data processing consent and retention: By sending an application, you agree to the data processing for the above described project: ECCO Office stores applicants’ personal data of this application for the project timeframe. You have the right to object at any time at ecco@ecco-ibd.eu. ECCO Office will delete data securely after the end of this project.

If you have trouble logging in, please contact ecco@ecco-ibd.eu

ECCO is looking forward to your application!