



**CALL for participation in the ECCO Topical Review:
Multidisciplinary perinatal care in IBD 2021-2022**

Application deadline: October 10, 2021

Context:

ECCO has a comprehensive guideline on IBD management of pregnant women, however ECCO does not currently have any publications that guide clinicians through the non-medical management of women planning a pregnancy, during pregnancy, after pregnancy or the first years of the infant's life. Patients with IBD have many perinatal queries that health professionals may not be equipped to adequately answer.

The purpose of the topical review is to review the scientific evidence or provide expert opinion in the absence of high-quality evidence, related to nutritional, psychological and supportive care of women and their infants throughout the prenatal, antenatal, postnatal and infant periods. The topical review will not cover medical management, medications or fertility as this is covered in previous ECCO publications.

Topics to be covered:

- Potential mechanistic pathways for the role of diet in pregnancy and early life epigenetics and microbiome development
- Perinatal nutritional aspects (e.g. preventing and correcting nutritional deficiencies, nutritional status, nutrition and dietary treatments for active CD during pregnancy, safety of CAM use)
- Psychological and support care
- Breast and formula feeding and importance of healthy eating in early life and childhood
- Perinatal environmental and nutritional IBD prevention strategies
- Importance of multidisciplinary IBD perinatal clinics and key members (care givers)

Aim of the project:

The lack of solid evidence and controversial data in multiple areas of this topic will be addressed in this Topical Review:

1. by clearly pointing out 'opinion' versus 'evidence';
2. by using the rigorous standards and protocols comparable to the ones used for the ECCO Clinical Guidelines process - however summarised in the form of a Topical Review instead of a Clinical Guideline.

Workgroups prepare core messages as "Current Practice Positions" which will be discussed and voted on in a plenary meeting to achieve consensus. After the final vote, the manuscript is finalised and published in the *Journal of Crohn's and Colitis* (JCC).

To be selected **for the Workgroups of this Topical Review ECCO members should apply via the link provided below.**

Y-ECCO Members are encouraged to apply with an opportunity to oversee the systematic bibliographic review and further development of e-Learning material.

Governing Board

President

Laurent Peyrin-Biroulet
France

President-Elect

Britta Siegmund
Germany

Past-President

Silvio Danese
Italy

Secretary

Alessandro Armuzzi
Italy

Treasurer

Janneke van der Woude
The Netherlands

Education Officer

Fernando Magro
Portugal

Scientific Officer

Ailsa Hart
United Kingdom

ECCO Office

Ungargasse 6/13
1030 Vienna, Austria

Tel. +43-(0)1-710 22 42
Fax +43-(0)1-710 22 42-001
E-Mail ecco@ecco-ibd.eu
Url www.ecco-ibd.eu

SWIFT GIBAAWWXXX
IBAN AT5720111 28748039100

ATU 63674955
Austrian Register of Associations
N° 468755685
DPR Number: N°4003204



Governing Board

President

Laurent Peyrin-Biroulet
France

President-Elect

Britta Siegmund
Germany

Past-President

Silvio Danese
Italy

Secretary

Alessandro Armuzzi
Italy

Treasurer

Janneke van der Woude
The Netherlands

Education Officer

Fernando Magro
Portugal

Scientific Officer

Ailsa Hart
United Kingdom

ECCO Office

Ungargasse 6/13
1030 Vienna, Austria

Tel. +43-(0)1-710 22 42
Fax +43-(0)1-710 22 42-001
E-Mail ecco@ecco-ibd.eu
Url www.ecco-ibd.eu

SWIFT GIBAAWXXX
IBAN AT5720111 28748039100

ATU 63674955
Austrian Register of Associations
N° 468755685
DPR Number: N°4003204

Working Groups (WGs):

WG 1: Epigenetics and microbiome development

- a. Potential peri-natal and early life mechanistic pathways for the role of diet in epigenetics and microbiome development

WG 2: Pre-Conception

- a. Role of diet in fertility
- b. Nutrient intake and supplementation for foetal development
- c. Pre-conception MDT counselling

WG 3: Pregnancy

- a. Prevention and treatment of micronutrient deficiencies
- b. Nutrition for foetal development
- c. Use of nutrition, dietary and CAM treatments during pregnancy
- d. Psychosocial support
- e. Roles of the MDT

WG 4: Post-natal and early years

- a. Breast and formula feeding
- b. Environmental factors and nutritional strategies for IBD prevention
- c. Healthy eating and lifestyle in early life and childhood
- d. Roles of the MDT

Timeline:

DATE	ACTION
SEP 2021	Call sent out
OCT 2021	Applicants selected and notified
OCT 2021-JAN 2022	Literature research and draft of text First draft of "Current Practice Positions" (incl. first draft of supporting text and recommended summary tables for literature research)
FEB 2022	Online voting
FEB-MAR 2022	Revision after online voting Final draft of "Current Practice Positions and supporting text"
APRIL 2022	Virtual Consensus Meeting (half day/exact date TBC)
APR-MAY 2022	Finalisation
MAY 2022	Cross-check by medical writer
MAY-JUNE 2022	Submission to JCC

If you are:

- an ECCO Member (in good standing – 2021 membership)
- and are interested in joining one of the Workgroups for this project
- able to commit to a mandatory consensus meeting in April 2022 (exact dates and schedule TBC)

Then please apply online* under the following link. Please use your **ECCO Portal Credentials**: <https://cm.ecco-ibd.eu/cmProposalSubmission/proposal/ASSOC21/TRMultiDiscCare>



European
Crohn's and Colitis
Organisation

Deadline for submission is October 10, 2021

**Data processing consent and retention: By sending an application, you agree to the data processing for the above described project: ECCO Office stores applicants' personal data of this application for the project timeframe. You have the right to object at any time at ecco@ecco-ibd.eu. ECCO Office will delete data securely after the end of this project*

If you have trouble logging in, please contact ecco@ecco-ibd.eu

ECCO is looking forward to your application!

Governing Board

President

Laurent Peyrin-Biroulet
France

President-Elect

Britta Siegmund
Germany

Past-President

Silvio Danese
Italy

Secretary

Alessandro Armuzzi
Italy

Treasurer

Janneke van der Woude
The Netherlands

Education Officer

Fernando Magro
Portugal

Scientific Officer

Ailsa Hart
United Kingdom

ECCO Office

Ungargasse 6/13
1030 Vienna, Austria

Tel. +43-(0)1-710 22 42
Fax +43-(0)1-710 22 42-001
E-Mail ecco@ecco-ibd.eu
Url www.ecco-ibd.eu

SWIFT GIBAATWWXXX
IBAN AT5720111 28748039100

ATU 63674955
Austrian Register of Associations
N° 468755685
DPR Number: N°4003204